



Are You a Caregiver?

Are you providing care for a family member or friend?

Are you concerned for their well-being and safety?

Are you struggling to balance your time with loved ones?

If you answered yes, then you are a caregiver.

The Caregiver Coalition of San Diego invites you to this **FREE CONFERENCE** for family caregivers.

Wednesday,
April 24, 2019

9:30am— 2:30pm

**St. John's
Episcopal Church**

760 1st Avenue
Chula Vista, CA 91910

Register by phone or Web
1 (800) 827-1008 | (858) 268-4432

[Click here to Register Online!](#)



The Caregiver's Journey: Parkinson's Disease



Conference will include the following:

- ◆ Educational Program
- ◆ Free Refreshments
- ◆ Community Resource Tables
 - ◆ Opportunity Prizes
- ◆ Free Respite with prior registration

